

There are none of us here who have not suffered. Many of us are suffering at this very moment. During the Stations of the Cross this Lent the sufferings of Jesus became real, more intense for me. His sufferings were excruciating, crushing; yet He never said a mumbling word. I gained a deeper awareness that our sufferings, my sufferings when joined to His sufferings are transformative. They unite us to Jesus and change our own sufferings into a bond of unity with Jesus – a deep connection.

Life is not empty. It is not meaningless, not desperate. Life is an invitation to be deeply united to Jesus in His overflowing love for us. This becomes for us our joy. The saints came to understand this lesson. May we too unite our sufferings to the sufferings of Jesus and come to Easter joy.